

National Body Piercing Theory Examination CIB

Effective January 01, 2016

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CANDIDATE INFORMATION BULLETIN (CIB)

EXAMINATION CONTENT AND IMPORTANT INSTRUCTIONS

Please visit your official examination provider website OR www.nictesting.org for the most current bulletin prior to testing.

The National Body Piercing Theory Examination is a licensure examination for Body Piercing, developed by the National-Interstate Council of State Boards of Cosmetology (NIC).

This bulletin contains IMPORTANT INFORMATION regarding National Body Piercing Theory Examination content and references.

The time allowed for this examination is 90 minutes.

PLEASE REVIEW ALL INFORMATION CAREFULLY.

For each NIC National Theory Examination, there are multiple parts to every Candidate Information Bulletin (CIB):

- **Important Instructions and Examination Content Domain Sections** – This provides information and guidelines related to administration of the Theory examination and information about the scope of content covered in the examination.
- **References** – This provides a list of references used to develop and support the content covered in NIC examinations. References will be the same across exam types for each exam.

BE CERTAIN TO REVIEW ALL PARTS OF THIS NIC EXAMINATION CIB CAREFULLY!

IMPORTANT INSTRUCTIONS

General

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. *Picture ID is required for re-entry into the examination.*
- All examinations are administered in a testing environment.

Standardized Administration

Due to standardization of the NIC National Examinations, proctors and examiners are required to adhere to the following standards:

- With the exception of verbal instructions, proctors and examination administration personnel are NOT allowed to speak with candidates.
- If a candidate experiences an emergency situation, they may notify the proctor by raising their hand.

Prohibited Items

- The following provides examples of materials and actions that are prohibited in the examination room during the examination administration:
 - Possession of cellular phones, watches (of any kind), pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
 - Purses, bags, coats, hats, and any other personal items not directly needed to complete the examination, are not allowed.
- Communicating to other candidates or any examiner.
- Exhibiting disruptive behavior. The above referenced items or actions are not an exhaustive list.

Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in immediate dismissal from the examination and the candidates' actions reported to the proper authorities.

BODY PIERCING THEORY EXAMINATION CONTENT OUTLINE

Domain Details

The following outlines the scope of content covered by the NIC National Body Piercing Theory Examination. The percentages represent the percentage of items from each domain. The examination contains 110 items, of which 100 items are weighted and contribute to the candidate's final score.

- I. Scientific Concepts (55%)
 - A. Infection Control and Safety Practices
 1. Comprehend basic concepts of microbiology related to piercing
 2. Identify how disease and infection are caused and transmitted
 3. Recognize purpose and/or effects of infection control
 - a. Levels of infection control
 - i. Sanitation/Cleaning (e.g., housekeeping)
 - ii. Disinfection
 - iii. Sterilization
 - b. Process of infection control (e.g., dispensing of products, disposal of soiled materials)
 - i. Prevent cross-contamination
 - ii. Differentiate between the purpose of single- and multi-use items (e.g., supplies, materials, tools)
 - iii. Operation and maintenance of related equipment (e.g., autoclave, ultrasonic)
 4. Indicate first aid and CPR procedures
 5. Recognize requirements of federal agencies
 - a. Occupational exposure and contact procedures (OSHA, CDC)
 - b. Safety Data Sheets (OSHA)
 - B. Human Anatomy and Physiology

1. Identify functions, structure of the skin, and underlying anatomy (65%)
 2. Comprehend anomalies, signs and symptoms of conditions and disorders of relevant tissue
- C. Distinguish Classifications and Composition of Body Jewelry Used for Piercings
- II. Piercing Procedures and Services (45%)
- A. Client Consultation, Analysis, and Documentation for Piercing Services
1. Obtain informed consent and maintain client records
 2. Manage client expectations
 - a. Explain procedure, process, and risks
 - b. Verify location of piercing and jewelry selection
 3. Evaluate client and identify contraindications
 - a. General health and suitability
 - b. Tissue anomalies and disorders
 - c. Allergies and sensitivities
 4. Distribute aftercare instructions and explain healing considerations for various types of piercings
- B. Tools and Equipment Used for Piercing and Services
1. Maintenance, storage, and use of equipment, supplies, materials, and chemicals
 2. Comprehend function, operation, and use of tools (e.g., forceps, needles, receiving tubes, pliers, calipers, etc.)
 3. Differentiate between body jewelry options for initial and healed piercings
 4. Identify piercing procedures
 - a. Placement
 - i. Ear and facial

- ii. Oral
 - iii. Torso
 - b. Execution of piercing
 - i. Marking and skin preparation
 - ii. Avoiding damage to underlying structures
- 5. Stretching and insertion
 - a. Suitable amount of increase
 - b. Jewelry selection
 - c. Procedure

NATIONAL BODY PIERCING THEORY EXAMINATION SAMPLE QUESTIONS

The following sample questions are similar to those on the NIC National Body Piercing Theory Examination. Each question is followed by four answer options. Only one option is correct. Correct answers (keys) are listed along with the sample questions.

1. A sharps container is used to
 - A. store clean needles.
 - B. store marking devices.
 - C. dispose of used absorbent materials.
 - D. dispose of used needles.
2. Which of the following is used to secure the skin when piercing?
 - A. Tapers
 - B. Rubber bands
 - C. Closing pliers
 - D. Forceps
3. Which of the following signs and symptoms is associated with the normal healing process?

- A. Itching
 - B. Redness
 - C. Pus
 - D. Swelling
4. Hard surfaces are cleaned with an appropriate EPA registered
- A. witch hazel.
 - B. disinfecting solution.
 - C. isopropyl alcohol.
 - D. antibacterial soap.
5. Which of the following gauges is MOST appropriate for an eyebrow piercing?
- A. 2 gauge
 - B. 8 gauge
 - C. 16 gauge
 - D. 22 gauge

Answer Key	
Item	Key
1	D
2	D
3	A
4	B
5	C

**NATIONAL-INTERSTATE COUNCIL OF STATE BOARDS OF COSMETOLOGY (NIC)
REFERENCES**

This list provides the references used to develop and support the content covered in the NIC National Body Piercing examinations. References will be the same across exam types

for each exam. Candidates are responsible for using these most updated versions of references, as these editions were used to reference test material.

Standard

Milady Standard Esthetics Fundamentals + Foundations

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12th Edition

9780357263792

Milady www.Milady.com

Info@Milady.com;

APP Procedure Manual

Copyrighted 2013

Association of Professional Piercers safepiercing.org

info@safepiercing.org; 888-888-1277

The Piercing Bible

Copyrighted 2009

Elayne Angel <http://piercingbible.com>

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