

National Permanent Cosmetics Theory Examination CIB

Effective January 01, 2020

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CANDIDATE INFORMATION BULLETIN (CIB)

EXAMINATION CONTENT AND IMPORTANT INSTRUCTIONS

Please visit your official examination provider website OR www.nictesting.org for the most current bulletin prior to testing.

The National Permanent Cosmetics Theory Examination is a licensure examination for Permanent Cosmetics, developed by the National-Interstate Council of State Boards of Cosmetology (NIC).

This bulletin contains IMPORTANT INFORMATION regarding National Permanent Cosmetics Theory Examination content and references.

The time allowed for this examination is 90 minutes.

PLEASE REVIEW ALL INFORMATION CAREFULLY.

For each NIC National Theory Examination, there are multiple parts to every Candidate Information Bulletin (CIB):

- **Important Instructions and Examination Content Domain Sections** – This provides information and guidelines related to administration of the Theory examination and information about the scope of content covered in the examination.
- **References** – This provides a list of references used to develop and support the content covered in NIC examinations. References will be the same across exam types for each exam.

BE CERTAIN TO REVIEW ALL PARTS OF THIS NIC EXAMINATION CIB CAREFULLY!

IMPORTANT INSTRUCTIONS

General

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. *Picture ID is required for re-entry into the examination.*
- All examinations are administered in a testing environment.

Standardized Administration

Due to standardization of the NIC National Examinations, proctors and examiners are required to adhere to the following standards:

- With the exception of verbal instructions, proctors and examination administration personnel are NOT allowed to speak with candidates.
- If a candidate experiences an emergency situation, they may notify the proctor by raising their hand.

Prohibited Items

- The following provides examples of materials and actions that are prohibited in the examination room during the examination administration:
 - Possession of cellular phones, watches (of any kind), pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
 - Purses, bags, coats, hats, and any other personal items not directly needed to complete the examination, are not allowed.
- Communicating to other candidates or any examiner.
- Exhibiting disruptive behavior. The above referenced items or actions are not an exhaustive list.

Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in immediate dismissal from the examination and the candidates' actions reported to the proper authorities.

PERMANENT COSMETICS THEORY EXAMINATION CONTENT OUTLINE

Domain Details

The following outlines the scope of content covered by the NIC National Permanent Cosmetics Theory Examination. The percentages represent the percentage of items from each domain. The examination contains 110 items, of which 100 items are weighted and contribute to the candidate's final score.

- I. SCIENTIFIC CONCEPTS (46%)
 - A. Apply knowledge of infection control as related to:
 1. Microbiology
 - a. Bacteria
 - i. Pathogenic
 - ii. Nonpathogenic
 - b. Virus
 - c. Fungi
 - d. Parasites
 2. Cross contamination and disease transmission
 - a. Levels of infection control
 - i. Sanitation
 - ii. Disinfection
 - iii. Sterilization
 - b. OSHA Bloodborne Pathogen Standards
 - i. Safety Data Sheets (SDS)
 - ii. Manufacturer's instructions and labels
 - iii. Exposure control plans
 - c. CDC Universal Precautions

2. Design/Shaping
 3. Color selection
- D. Demonstrate knowledge and safe use of procedure equipment
1. Manual device
 2. Powered machine/device
 3. Needles (e.g., barriers, glove changes, workstation contamination)
 4. Safety
- E. Preparation and setup of workstation supplies (e.g., ink cups, water, cotton/gauze)
- F. Demonstrate knowledge of Permanent Cosmetics applications
1. Lining
 2. Shading (e.g., ombre powder fill, manual powder brow)
 3. Microblading
 4. Color Theory and Correction
 5. Composition of pigment and ink
 6. Conclusion of procedure
 7. Infection Control (e.g., barriers, glove changes, workstation contamination)
 8. Safety (e.g., bracing, stretching, insertion)
- III. PROCEDURE OUTCOMES, SIDE EFFECTS, AND COMPLICATIONS (11%)
- A. Assess possible procedure outcomes
1. Swelling
 2. Redness
 3. Discomfort
- B. Assess procedure side effects

1. Bruising
 2. Rashes and allergic reactions
 3. Nausea and vomiting
- C. Assess procedure complications
1. Eye injuries
 2. Infections and scarring
 3. Ink/pigment migration
 4. Cold sores

NATIONAL PERMANENT COSMETICS THEORY EXAMINATION SAMPLE QUESTIONS

The following sample questions are similar to those on the NIC National Permanent Cosmetics Theory Examination. Each question is followed by four answer options. Only one option is correct. Correct answers (keys) are listed along with the sample questions.

1. The purpose of Safety Data Sheets (SDS) is to
 - A. inventory payments and who makes them.
 - B. record items sterilized in the autoclave.
 - C. compare machine manufacturer specs.
 - D. provide information about the properties of chemicals.
2. The subcutaneous layer of the skin consists of
 - A. hair follicles and pores.
 - B. scarred or grafted skin.
 - C. fat and connective tissue.
 - D. lesions or moles.
3. What is the muscle surrounding the eye?
 - A. Orbicularis femur

- B. Orbicularis oris
 - C. Orbicularis oculi
 - D. Orbicularis orbit
4. If a customer has a large, dark mole, the technician should
- A. apply color over it.
 - B. not apply color.
 - C. burn it off.
 - D. attempt to shave it.
5. When should the technician mix different colors of pigment brands together?
- A. Always
 - B. Never
 - C. Only when using white
 - D. Only when using the same colors
6. If a client has cold sores, the technician should
- A. sterilize the area with alcohol.
 - B. cover the area with antiseptic.
 - C. refer the client to a physician.
 - D. tell the client to return when the skin heals.
7. When should the client's lipstick color be removed for a lip procedure?
- A. Before taking pre-procedure photo
 - B. After applying topical anesthetic
 - C. While applying pigment
 - D. Before scheduled appointment
8. When mixing red and yellow together, it becomes
- A. pink.
 - B. flesh.
 - C. orange.

- D. bright re
9. If a practitioner encounters a client with excessive hair before a procedure, what is the best hair removal process?
- A. Laser
 - B. Shaving
 - C. Electrolysis
 - D. Chemical
10. Going too far outside of the vermillion line can result in a
- A. black line.
 - B. clown-like appearance.
 - C. blurring line.
 - D. small scar.

Answer Key	
Item	Key
1	D
2	C
3	C
4	B
5	B
6	C
7	A
8	C
9	B
10	B

NATIONAL-INTERSTATE COUNCIL OF STATE BOARDS OF COSMETOLOGY (NIC) REFERENCES

This list provides the references used to develop and support the content covered in the NIC National Permanent Cosmetics examinations. References will be the same across exam types for each exam. Candidates are responsible for using these most updated versions of references, as these editions were used to reference test material.

Standard

Milady Standard Esthetics Fundamentals + Foundations

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Contact: Info@Milady.com;

Milady Standard Advanced Esthetics

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The Epidermal Cell Therapy Skillsbook

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Author: L. Saphonia Gee, L.M.E., CIDESCO Diplomat L. Saphonia Gee

Fundamentals of Permanent Cosmetics

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Permanent Cosmetics: The Foundation of Fundamental Application

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www.spcp.org

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